

# PARTNER / +ONE PROGRAM AGENDA

(subject to change)

Sponsored by **All Bronze Level Supporters**

Carter Day / Cana Pro Grain Tech / SeCan / Strategic Management / Corteva / Current Group

This program is designed to inform, inspire, but most of all provide networking opportunities to non-delegates. Individuals wishing to attend this program MUST be registered in the Partner program. Walk-ins are not permitted.



## WEDNESDAY - JANUARY 15, 2025

<b>1:00 - 4:00 pm</b>	<b>Concurrent Professional Development Workshops</b> (open to all) <i>Refer to main agenda for details</i> <ol style="list-style-type: none"><li>1. Business Risk Management 101- NFP Brokers</li><li>2. Awesome Agronomy, Professionalism &amp; More</li></ol>	
<b>4:00 - 7:30 pm</b>	<b>Registration Desk</b> <i>Sponsored by NFP Brokers</i>	<i>Ballroom Foyer</i>
<b>7:00 - 11:59 pm</b>	<b>Ice Breaker Event:</b> <i>Hosted by the Manager's Association</i> Entertainment, Door Prizes, Light snacks, Refreshments, No Host Bar.	<i>Logan/Palisades</i>

## THURSDAY - JANUARY 16, 2025

<b>7:00 - 8:00</b>	<b>Breakfast</b> ( <i>or sleep in &amp; have a late lighter breakfast @ 9:30 am</i> )	<i>Robson/Rundle Rooms</i>
<b>8:00- 9:00</b>	Partners, +1's are invited to join the main meeting for the conference opening.	
<b>9:30 am</b>	<b>Partner Program</b> Kick off this event with a light continental breakfast in the Connections Café which is housed within the Silver Birch Conference Center. — a real treat for those registered in the partner program. Get to know others attending the program. Participants are encouraged to make new connections.	<i>Silver Birch Conference Centre</i>
<b>9:45 am</b>	<b>Meal Planning + Farming with Carly Armstrong, RD</b> Join Carly Armstrong, RD (Small Town Nutrition) for this meal planning session. Carly will lead you through the meal planning process, teach you about building balanced meals, and give nutrition tips and tricks specific to the busy life on the farm. This session will set you up with the skills to create your own empowering meal plans! In addition, you will receive one month of Carly's Community Meal Planning to set you up for success.	
<b>11:00 am</b>	<b>4 Critical Documents You Need in Alberta</b> Michelle Schurek Cooperative Memorial Society Join Michelle Schurek from the Cooperative Memorial Society as she walks us through the 4 most important documents every adult Albertan needs to have. She will take us through what they are, why they are important, preparation tips, and how you can make the process less stressful and more cost-effective.	
<b>12:00 pm</b>	<b>Awards Luncheon</b> <i>Sponsored by Bayer CropScience</i> <b>OUTSTANDING SERVICE AWARD &amp; GOLDEN KERNEL AWARDS.</b>	<i>Logan/Palisades</i>
<b>1:30 pm</b>	<b>It's Your Move: Getting and Staying Active</b> <i>Homewood Health</i> This session will review the importance of maintaining physical activity to support long-term health and wellness goals and to combat some of the physical and mental stressors one might be faced with in daily life. This session will also educate participants on the types of health benefits to be gained from different activities, and will provide strategies for reducing barriers to increase/maintain physical activity levels.	
<b>2:30 pm</b>	<b>Break:</b> enjoy the nibbles in the Connections Café	
<b>3:00 pm</b>	<b>Fueling for Life. with Chef Erin Howe.</b> Tricks and Tricks to meal prepping and planning. Learn a few kitchen hacks to make your meal prepping more efficient, experience (and taste) new delicious recipes, and feel refreshed and confident to fuel your body with intention.	
<b>4:00 pm</b>	<b>Wrap Up / Adjourn</b> <u>NOTE: Access to the Silver Birch Conference Center is limited to Thursday, January 16, 2025 ONLY</u>	

**Evening Entertainment:** *Sponsored by Syngenta*

**Mayfield Dinner Theatre:** **FLASHBACK FEVER** *Refer to Main Agenda for details*

5:30 pm	Doors Open
5:30 -7:30 pm	Buffet Dinner Served
7:30 pm	Show Commences

## FRIDAY – JANUARY 17, 2025 Refer to Main agenda for schedule of events

7:00- 8:00 am	Breakfast is served in the Rundle/Robson Rooms
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